Bright Futures

Teen Pregnancy and Parenting Support Services

**What is Bright Futures?**

Bright Futures is a teen pregnancy and parenting support program. It promotes a healthy pregnancy and parent-child relationship, focusing on the social- emotional and physical development of the child. The Bright Futures team consists of Public Health Nurses and Social Workers working together to support the needs and goals of enrolled families.

**Families enrolled in Bright Futures receive ongoing support and information regarding:**

- Child Development
- Decision Making Skills
- Finances & Budgeting
- Goal Setting (School, Parenting, Work)
- Health Care
- Healthy Pregnancy
- Home Safety
- Housing
- Parent-Child Relationships
- Parenting Skills & Education
- Positive Relationships
- Adoption Options
- Child Care Options
- Family Focused Activities
- Community Resources
- Resources for Fathers
- Transition to Independent Living
- Emotional Health
- Legal Questions
- Housing, Food, Medical (or other services)

Enroll today Call 507-328-7500 or 507-328-6884 Ask for Bright Futures Staff
Individuals enrolled in the program will work with the Bright Futures staff to arrange meeting dates and times. Home visits are preferred, but other meeting locations can be arranged.

Who is Eligible?
Bright Futures is designed for pregnant and parenting teenagers who are under 18 years of age at the time of enrollment.

“You have done so much for us. I don’t see us in the same place if it wasn’t for you.”
Amy, Mother of Jadyn
16 years of age

“The name says it all...
Bright Futures! It has been a joy to watch these young women grow in confidence, creating a bright future for themselves and also their child.”
~ Lori
Bright Futures Public Health Nurse

“This program was the best!”
Kendra, Mother of Vincent
17 years of age

For More Information
Call: 507.328.7500 or 507-328-6884
Ask for Bright Futures Staff
www.co.olmsted.mn.us/
Search: Bright Futures

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