

## **Bright Futures**

Teen Pregnancy and  
Parenting Support Services

### **What is Bright Futures?**

Bright Futures is a teen pregnancy and parenting support program. It promotes a healthy pregnancy and parent-child relationship, focusing on the social- emotional and physical development of the child.

The Bright Futures team consists of Public Health Nurses and Social Workers working together to support the needs and goals of enrolled families.

### **Families enrolled in Bright Futures receive ongoing support and information regarding:**

Child Development  
Decision Making Skills  
Finances & Budgeting  
Goal Setting (School, Parenting, Work)  
Health Care  
Healthy Pregnancy  
Home Safety  
Housing  
Parent-Child Relationships  
Parenting Skills & Education  
Positive Relationships  
Adoption Options  
Child Care Options  
Family Focused Activities  
Community Resources  
Resources for Fathers  
Transition to Independent Living  
Emotional Health  
Legal Questions  
Housing, Food, Medical (or other services)

Enroll today Call 507-328-7500 or 507-328-6884 Ask for Bright Futures Staff

Individuals enrolled in the program will work with the Bright Futures staff to arrange meeting dates and times. Home visits are preferred, but other meeting locations can be arranged.

### **Who is Eligible?**

Bright Futures is designed for pregnant and parenting teenagers who are under 18 years of age at the time of enrollment.

“You have done so much for us.  
I don’t see us in the same place  
if it wasn’t for you.”

Amy, Mother of Jady  
16 years of age

“The name says it all...

Bright Futures! It has been a joy to watch these young women grow in confidence, creating a bright future for themselves and also their child.”

~ Lori

Bright Futures Public Health Nurse

“This program was the best!”

Kendra, Mother of Vincent

17 years of age

### **For More Information**

Call: 507.328.7500 or  
507-328-6884

Ask for Bright Futures Staff

[www.co.olmsted.mn.us/](http://www.co.olmsted.mn.us/)

Search: Bright Futures

Olmsted County Public Health

2100 Campus Drive SE Suite 100  
Rochester, MN 55904

Olmsted County Community Services  
2117 Campus Drive SE Suite 200 Rochester, MN 55904