

Steps to Success

Promoting positive parenting for families with preschool children in Olmsted County

What is Steps to Success?

Steps to Success is a parent support program promoting positive parent-child relationships as well as healthy social, emotional, and physical development for all members of the family.

The Steps to Success Team consists of Public Health Nurses and Family Support Social Worker working together to support the needs and goals of enrolled families. Families enrolled in Steps to Success receive ongoing support and information regarding:

- Child development
- Decision making skills
- Finances & budgeting
- Goal setting
 - Education
 - Parenting
 - Work
- Health care
- Healthy pregnancy
- Home safety
- Housing
- Parent-child relationships
- Parenting skills & education
- Positive relationships

Steps to Success

Is a collaborative intervention project between Olmsted County Public Health and Olmsted County Community Services.

For more information call:

Olmsted County
Public Health
507 328-7500 OR

Olmsted County
Community Services
507 328-6400
(Ask for Steps to Success)

Who is Eligible?

The Step to Success program is designed for parents 18 years or older who live in Olmsted County and are pregnant or have a child under 6 weeks, plus have one or more children under the age of five.

Parents in the Steps to Success Program have two or more of the following risk factors: limited social supports, less than high school education, low income, diagnosis of mental illness, and/or childhood history of abuse or neglect.

Olmsted County
Public Health Services
2100 Campus Drive SE
Suite 100
Rochester, MN 55904

Olmsted County
Community Services
2117 Campus Drive SE
Suite 200
Rochester, MN 55904