

Olmsted County, Minnesota Community Health Needs Assessment October 2013



TOP 5 COMMUNITY HEALTH PRIORITIES

OBESITY



64% of adults are overweight (BMI>25.0)

With **28%** being obese (BMI >30.0)

DIABETES



8% of population currently living with diabetes

20% of adults 65 years and older have diabetes

MENTAL HEALTH



10% of youth feel sad all or most days

Adults average **3** days of mental health issues monthly

VACCINE PREVENTABLE DISEASES



76% of children are up to date with the recommend immunization series

60% of residents receive annual flu shot

FINANCIAL STRESS/ HOMELESSNESS



26% of adults have had a time in the last year when they have been worried or stressed about having enough money to pay monthly bills