
Early Intervention Program

The Early Intervention Program offers services to support and strengthen families of challenging preschool children. The program recognizes the importance of intervening during the preschool years to encourage mental health, social skills development, and promote successful academic experiences. This voluntary program is provided through Olmsted County Community Services.

Case Management Services:

- ❖ Assistance in accessing community resources
- ❖ In home family guidance and intervention specific to the individual needs of the child
- ❖ Incredible Years parent & child group
- ❖ Crisis resolution
- ❖ Behavioral Interventions

Who Is Eligible?

- ❖ Children ages 3-6 years of age
- ❖ Children and families who reside in Olmsted County
- ❖ Children and families experiencing challenges within the home, community, day care, or preschool setting

**To make a referral, contact
Lindy Mathis
328-6229**

Goals

- To provide comprehensive community based services to families with children with severe emotional disturbance.
- To provide a seamless system of care for children and families engaged in multiple systems of care.
- To Reduce residential placements.

How to Refer

- By phone: 507-328-6229 or 507-328-6222
- By Fax: 507-328-6263
- By Mail: CMHRC
2117 Campus Dr SE Ste 200
Rochester MN 55904
- Website: www.co.olmsted.mn.us



CMHRC

Children's Mental Health Resource Center



*"It is easier to build strong children than repair broken men."
Frederick Douglas*

**2117 Campus Dr SE-Ste200
Rochester MN 55904**

Children's Mental Health Resource Center

Is a co-located collaborative project including:

- ❖ Olmsted County Community Services
- ❖ Family Service Rochester
- ❖ Zumbro Valley Mental Health Center

Mission Statement

The Children's Mental Health Resource Center is an interagency team that offers comprehensive, innovative, family focused services in order to support, empower and preserve families who have children with severe emotional and behavioral issues.

The Resource Center was formed to support and preserve families and is committed to providing child-centered, family focused community based services in the least restrictive setting possible. Participation is on a voluntary basis.

Available Services

Case Management

- ❖ Crisis Resolution
- ❖ School Advocacy
- ❖ Wraparound Planning
- ❖ Service Coordination
- ❖ CADI Waiver
- ❖ Independent Living
- ❖ Foster Care Support
- ❖ Reunification Service
- ❖ Social Skills training
- ❖ Anger Management training
- ❖ Incredible Years Parenting groups

Who is Eligible...

- ❖ A child identified as having Severe Emotional Disturbance (SED) as defined by Minnesota Statute.
- ❖ A child who is an Olmsted County resident.
- ❖ A child at risk of being placed or admitted to an in-patient or residential treatment program.
- ❖ A child experiencing seriously impaired functioning at home, school or in the community as a result of their severe emotional disturbance.
- ❖ A child currently involved in two or more systems of care.

Intake Process

- ❖ Family contacts intake worker to initiate services.
- ❖ The child needs a current mental health assessment to receive services but if there is no current assessment, the worker can assist in getting one.
- ❖ Intake worker will meet with family to discuss services and to complete the intake process.
- ❖ If eligibility is met, a case manager will be assigned.

The Parent/Case Manager Team Model

Role of The Parent

- ❖ Primary Care Giver and resource in assisting his/her child to achieve maximum potential.
- ❖ Team Partner with the case manager to address the child's needs.
- ❖ Advocate for the service components to meet the child's needs.

Role of Child

- ❖ Team Member A child who is at least 12 yrs of age has the right to, and a child who is less than 12 yrs of age may, receive the notices and information specified under parts 9520.0900 to 9520.0926, and be included in planning the case management services available to the child unless these actions are determined by a mental health professional to be clinically inappropriate to the child's mental health needs.

Role of Case Manager:

- ❖ Consultant, especially in situations where a parent is unfamiliar with the mental health system, or when limited contact with parent and child is all that is necessary.
- ❖ Support, in situations where parents need assistance to be empowered to act on their child's behalf.
- ❖ Coordinator, to ensure multiple services are coordinated to reduce duplication and maximize the opportunity for multi-agency involvement.
- ❖ Systems Resource Person, when access to or information about resources is requested.
- ❖ Service Manager, when administrative functions need to be completed to assure service plan development, referrals, completion of paperwork, assessments, monitoring of service delivery, maintenance of records and provider activities.
- ❖ Teacher, so parents can learn to manage their children's services independent of case managers.

