



Initial Requirements for NEW Second Adult Caregivers, Substitutes & Helpers

1. Second Adult Caregivers (Used 30+ days in a 12-month period)

- Cleared background check
- Completed Physician's Report Form
- Trained in the program's drug and alcohol policy
- Complete training in Child Development and Learning & Behavior Guidance (4 hours)
- Complete Supervising for Safety – Family Child Care training (6 hour in person or 8-hour online class)
- CPR within the past two years (Must include techniques for infants and children)
- First Aid within the past two years
- Approved Sudden Unexpected Infant Death (SUID) & Abusive Head Trauma (AHT) training in person, face-to-face, in a classroom, or on-line.

2. Substitutes (from 31 hours to 30 days in a 12-month period)

- Cleared background check
- Trained in the program's drug and alcohol policy CPR within the past two years (Must include techniques for infants and children)
- First Aid within the past two years
- Approved Sudden Unexpected Infant Death (SUID) & Abusive Head Trauma (AHT) training in person, face-to-face, in a classroom, or on-line.

3. Substitutes (30 hours or less in a 12-month period)

- Cleared background check
- Trained in the program's drug and alcohol policy
- Approved Sudden Unexpected Infant Death (SUID) & Abusive Head Trauma (AHT) training in person, face-to-face, in a classroom, or on-line.



4. Helpers (ages 13-17) * Never left alone with children

- Cleared background check
- Trained in the program's drug and alcohol policy
- Approved Sudden Unexpected Infant Death (SUID) & Abusive Head Trauma (AHT) training in person, face-to-face, in a classroom, or on-line.

NOTE: Child Restraint Systems (Car Seat) training must be completed every 5 years prior to transporting children under the age of nine.