



Collaborative Resources Education Services Technology

(CREST)

Regional Management Team Agenda

March 14, 2018

1-3:00 PM

Olmsted County Community Services

2117 Campus Drive SE, Rochester, MN Rm 161 – main floor

1. Welcome/Introductions
2. Meeting Minutes approval
 - a. Motion/seconded
3. Budget Update (Candace)
 - a. 2018 budget
 - i. There was some carry over in the training budget.
 - ii. The new budget is updated with the carryover from 2017.
 - b. Budget modifications going forward
 - i. The goal is to get this out this week.
 - ii. This is for all changes. This is to be done 2 times per year. If you adjust your spending email or call Candace. This will be done again in July. Need to spend your dollars by the end of December.
 - c. Gary Travis Brass Code discussion
 - i. They will look at how the 443 brass code and the bridging-like subsidy are being utilized locally. They are looking to have a meeting with our region about this and how we are spending in 443. Coordinator will be reaching out to individuals to be part of these discussions.
 - ii. DHS is working on more clearly defining Brass codes to better support counties fiscal oversight.
4. CREST Plan 2017-2019 (Tim/Mary)
 - a. Housing forum- Update
 - i. We are looking at hosting a housing forum. DHS and ARC have been contact to help facilitate a training. This will focus on understanding our affordable housing continuum and best practices with individuals experiencing complex barriers.
 - b. Peer Support Specialists- Update
 - i. Coordinator indicated that he has been in contact with Shelly White from DHS. We received some rough numbers about trained PSS in the state. There were 46 hired out of 575 trained. There is some hesitancy about training more in our region due to not having a robust job market.

- ii. CBHH- have two part-time openings and they have had limited response to those postings. They would be looking for names. They are willing to adjust their posting to get individuals to apply. CBHH is looking at doing more for EIMNR (enhanced illness management) to better work with individuals with cooccurring disorders. This will include adding PSS to their staff.
 - iii. It would be nice to have a list to reach out to potential employees. If there is a need, how can we better connect providers with trained individuals.
 - iv. Would Peers link to Hope pass along job postings? Coordinator can follow-up.
 - v. Peer recovery specialists were discussed as part of the SUD reform. It was clarified that this is different than the peer support specialists. There are different requirements and trainings.
 - vi. Coordinator is working with NAMI on being creative with PSS services and better utilizing technology. They are looking at piloting a project on a small scale looking at PSS providing recovery support at different intersect times.
- 5. Case Manager Onboarding (Tim)
 - a. Development of subgroup
 - b. Discussion was about forming this subgroup.
 - c. It would be great to have a better orientation to the work. It would be nice to develop some consistency in areas.
 - d. It was discussed that participants of this group could be management, case managers or senior social workers.
 - e. Coordinator will send out an email looking for interest.
- 6. Legislative Proposals-Crisis Center and Supportive Housing (Tim)
 - a. Workgroup Updates
 - b. Urgent care center- Region is looking at an intermediate care facility capable of offering assessment, intervention, and stabilization services to individuals experiencing a mental health crisis. There is no age, service history
 - c. Supportive Housing- Looking at some flexibility in bed types. Workgroup is looking into state operated DNMC population.
- 7. Regional Training (Tim)
 - a. Case manager
 - i. Substance use disorders is of interest due to changes in SUD reform
 - ii. Can we open this up to more than just case managers?
 - iii. Could we do a day of ethics since it is needed so much for licensure.
 - iv. Supervisory or leadership maybe be another topic?
 - v. Could we do a survey Monkey to get a better idea of topics? Coordinator will send this out with more detailed information.
 - vi. Look at Fall as a targeted date. Avoid 11th and 12th of October

- vii. Could we do a half day of burnout and half day of happiness for the second day?
 - b. Mental Health Forum
 - i. Russ Turner would consider doing something surrounding wellness.
 - ii. The team would like to move forward
 - iii. Consider international event center for an alternative event.
 - iv. Survey at the end of the consumer forum could include what topics you'd be interested in seeing in the future.
- 8. Mental Health Awareness Month (Tim)
 - a. May-Regional Efforts?
 - b. Brandon had gathered some information about cost of tri-folds
 - c. Like the idea of doing something for each county.
 - d. Could we do a lunch and learn or another event? It seems that we
 - e. Could there be a consumer lunch/learn or forum in May? There have been comedians used in conjunction with food to illicit participation.
 - f. Providers do some things such as display art work, walks, buy bracelets or ribbons, or something else.
 - g. Peer support activity or promotions? Reach out to NAMI and maybe we could partner on something
 - h. Social media campaign (ending stigma as an example)
 - i. If nothing happens this year, we could look at doing something next year.
 - j. Examples were given from Wellness in the Woods and HVMHC art events historically
- 9. Other
 - a. DHS Updates (Gloria Smith)
 - i. Underspensing for 2017 came in and there will be some reallocation of funds coming. We'll stay tuned for what that amount will be.
 - b. Innovation Grant update
 - i. They are in contract negotiations. The awards have been decided, but not announced yet.
 - c. Mobile Crisis Grant updated
 - i. Application is tentatively coming out in May and due in a June.
 - ii. The coordinator position has not been filled.
 - iii. There is a site visit happening currently. They have discussed the statutory compliance for the county share portion. Dominique from DHS will get back to us on that.
 - d. Wabasha
 - i. New supervisor hired
 - ii. Fully staffed
 - e. Olmsted

- i. Working on training new staff
 - ii. Working on 2019 budget and need to make decisions on SUD reform
 - iii. Updated on the commitment bill
 - 1. Court examiner (expanding to MH professionals)
 - 2. LSW and PPS team cannot due transport holds
 - 3. Courts can commit someone to a community provider
 - 4. Head of treatment facility would make the judgement on a provisional discharge
- f. HVMHC
 - i. Mental health day on the hill tomorrow and they have a large turnout.
- g. CBHH
 - i. Jim's 1 year anniversary at the CBHH!
 - ii. Hiring blitz for 1 year
 - iii. Census up from 8 to 16, with a couple speed bumps
 - iv. Current capacity at 13, will push this up to 16 with hiring a prescriber
 - v. New LICSW starting soon
 - vi. 2 drug and alcohol counselors will be added to staff
 - vii. Looking for 2 PSS as well
 - viii. Looking at DMNC rates and trying to have discharges before DMNC
- h. Goodhue
 - i. Commissioners looking closely at the opiate issues. At the end of this month they have a "Needles and Pills" open forum to discuss opiates and meth. Based on a book "Six Years Lost" and the author will kick off the event. There will also be a panel to answer questions.
 - ii. New social worker started 3 weeks ago.
 - iii. Community outpatient providers for restore to competency (future topic)
- i. Houston
 - i. Opted into the CD navigator program
 - ii. Forensic social worker defined (juvenile pre-adjudication, Rule 20s, Rule 24-25 with individuals in the jail, and other tasks.
 - iii. Collaborating with Public Health and looking at possibly joining together.
- j. Winona
 - i. Fully staffed
 - ii. Received a lot of MnChoices referrals recently on the rise.
- k. Mower county
 - i. Roger Schwab is coming down
 - ii. March 21st at 10am to noon
 - iii. Email Julie for a temporary parking permit.
- l. Wellness in the woods
 - i. Peer Run Respite homes 100K study grant in the legislation last year
 - ii. Hoping for dollars this year to start their first respite house

- iii. Peer run programs- most often free
- iv. July 27th & 28th (forum for those sexually abused by clergy)

Next meeting scheduled for April 11th, 2018