Collaborative Resources Education Services Technology
(CREST)
Regional Management Team Agenda
September 12th, 2018
1-3:00 PM
Olmsted County Community Services
2117 Campus Drive SE, Rochester, MN Rm 161 – main floor

1. Welcome/Introductions
2. Meeting Minutes approval
3. Training reminders
    a. Case Managers forum 10/8 and 10/9
        i. Full but taking waitlist
        ii. Call Tim with others interested parties
4. Russ Turner- People's Inc. Training Institute
    a. Fall Forum- Reminder 11/8
    b. Training CORE
        i. Subscription model is an option with a high number of users
        ii. Example 10 dollars per hour credit (normally 20)
        iii. Key is to focus now on what topics we would want for
        iv. They have a lot of already developed training curriculums that might be helpful to start
5. Nancy Holton-
    a. AMHI Reform-
        i. Really focusing on governance more inclusive of community members, and those with lived experience.
        ii. Focused on being more data driven.
            1. Discussed data integrity and the dedication of DHS to working with counties to ensure quality data. She indicated that they are working through the data issues and gaps in data
            2. Cortney Jones is the contact for data related concerns

      3. Cortney will be circling back around to counties and providers to education on the data systems and also help facilitate improvement in our data systems

  b. Mission and Principles

    i. AMHI's are dedicated to improving the mental health of their community through intentional planning and partnerships across a region grounded in the following principles:

    ii. Lived experience with mental illness guides the governance and services

    iii. Brings together people with lived experience, providers, counties, tribes, MCOs and DHS to fully utilize all available resources to meet regional needs.

    iv. Develops and provides an array of person centered services that builds on personal and cultural strengths.

    v. Utilizes a data driven model to evaluate the impact of services on health outcomes.

    vi. Assures access, early intervention, coordination, and application of resources through creative partnerships.

  c. Nancy noted our regional management team had many of the necessary components they would be looking for regions to have making decisions.

  d. The question was asked how AMHI reform would relate to counties Maintenance of Effort. They did not have an answer for that at this time.

6. Benjamin Ashley-Wurtmann

  a. Uniform Standards

    i.

7. Application

  a. Housing goals

    i. Be creative with peer run facilities

      1. Hit and miss success-winona

    ii. Engage with HRAs to find assets

    iii. Education around bridges and other housing programs

    iv. Education around MHFA world and bonds

    v. Creative programming

      1. Roommate pairing as an example

      2. How to support individuals in the site to make it safe?

    vi. Lack of HRA funding to engage with landlords

      1. Could we find resources to coordinate with HRAs

    vii. How to be creative to reach outlining areas to create housing opportunities

      1. Example bridging without a place to go

    viii. Dollars for creative services in outlying areas

    ix. ZV model of scatter site GRH is successful

      1. How to start conversation

      2. Talking points

          x. Expand how ARMHS can work with landlords
- 1. Skill building key – can you reinforce skills
- 2. Is there another agency that can train on tenant rights (SMRLS as an example?)
- 3. Homelinemn.org one resource that is available

       xi. Landlord consultation line as a creative idea
- 1. SMRLS or other to provide an inbox

   b. Budget review
- i. All items are in and timely
- ii. The format seemed to work for the AMHI grant budget collection.

   c. Questions?

8. Budget Update (Candace)
   a. Review of spending
   - i. Please get unspent dollars to Candace ASAP.
   - ii. Training still underspent
   - iii. Will do another budget amendment by the end of the year.

9. County Updates 1
   a. ZV-
   - i. New mobile crisis coordinator-Josh Jensen
   - ii. Down looking at the normal months
     - 1. Possible reason is the canvas health closure
     - 2. Looking at billboards to create awareness
   - iii. 2017 numbers continue to increase
     - 1. Trends show a 30% increase between 2016 and 17
   - iv. Have been complications with the phone lines
     - 1. The CRU is the call center and they are replying to the RFP
     - 2. They have experienced some kinks, which they are working on.
     - 3. They are working on training around warm handoffs etc.
   - v. Planning to get out and meet counties.

   b. Nystrom and Associates
   - i. Opening in Oct.
   - ii. Outpatient services
   - iii. Have multiple locations in the state.
   - iv. Child adolescent psychiatry, outpatient therapy,
   - v. Age 12 variance for SUD services
   - vi. Psychological testing
   - vii. Family concept DBT for adolescents
   - viii. Adult day treatment, ARMHS, CTSS, and Nutritional counseling as staff get hired and onboard
   - ix. November 9th is an open house.
   - x. Overview of services offered in Rochester

c. HVMHC
    i. 10/19 LAC meeting
    ii. Community ed books have a number of events coming up in Winona
    iii. Student interns/nurses from WSU
    iv. Recruiting and training new staff
d. DHS
    i. New MCO liaison for next month
e. HRC
    i. Gary Hird new executive director
    ii. Mark Skrine will be retiring at the beginning of December
f. UCARE
    i. Ramped up for member enrollment as it starts this fall
g. Houston
    i. Hired a county coordinator
    ii. Public Health director retired
    iii. Public Health and Human Services now combined.
    iv. Splitting
h. Olmsted
    i. None
i. Goodhue
    i. Lost an ARMHS worker and therapist
    ii. SUD provider is trying to work out services to provide in the jail
j. Mower
    i. None
k. Next meeting crisis beds and placement forms

Next meeting scheduled for October 10th, 2018