

**Olmsted County Human Services Division  
Community Services Advisory Board (CSAB)**

Wednesday, June 13, 2018  
Room 161, 2117 Campus Drive S.E.

**A. Call to order**

Chair Schmidt called to order the regular meeting of the The Community Services Advisory Board (CSAB) at 7:02 a.m.

**Members Present**

Patrick Gannon, Patrick Keane, Karen Nation, Judy Ohly, Commissioner Stephanie Podulke, Jim Rustad, Julie Ruzek, Randy Schmidt, Justin Stotts, Walter L. Smith III, Shirley Westbrook, Commissioner Gregg Wright.

**Members Absent**

Alex Alexander, Evelyn Kuschel, JoMarie Morris, Kathy Schumann, John Tierney.

**Staff Present**

Sarah Oachs, Amy Shillabeer, Emily Colbenson, Corrine Erickson, Michael Garner, Diane Paradise, Bea SanMiguel-Molina.

**Guests None.**

**B. Agenda Changes for Regular Meeting**

None.

**C. Approval of minutes from last meeting**

A motion was made and seconded to approve the May 9, 2018 CSAB meeting minutes with replacing 508C at the beginning and end of minutes with Chair Schmidt and clarifying the wording for funding of Veteran's Court to read "startup funding through a grant". Motion carried.

**D. Chair Announcements**

Chair Schmidt reminded the CSAB to consider and bring forward any topics of interest to focus on as part of the new direction of the board.

**E. Informational Items and Updates: Public Health Equity Summit**

Meaghan Sherden is the Community Health Integration Specialist for Public Health and gave a presentation on the Health Equity Summit and explained the background of Health Equity. Community Health Forums started in October 2017, held quarterly in partnership between Olmsted County Statewide Health Improvement Partnership (SHIP) and Olmsted County Community Health Assessment and Planning Process and others in the community such as Mayo Clinic. Megan said it is foundational to understand and focus on health disparities if they want to improve the wellbeing of the

community. Community Health Assessment and Planning Review perspective sees equity as a core value of the health process. Olmsted County's Community Needs Assessment (CHNA) devotes half page to health disparities for each indication and when possible, a health disparity index is used. SHIP is built on strong connections between local public health and community partners and focuses on grant funding for health equity. Many new components in the community like Destination Medical Center (DMC) contribute to health equity. Megan asked members to discuss among themselves, what had been the key factors in their lives that allowed them to be healthy or presented health challenges? Members said tradition, single parenting, divorce and career path had an impact on their health. The Robert Wood Johnson foundation determines the Olmsted County health rankings and has created a framework on what creates health. It says 10% is clinical care, 10% is physical environment, 10% is genes and biology, 30% is health behaviors and 40% is social and economic factors. Public Health is looking closely at health behaviors and social economic factors because this is area that the most effect can be done. Knowing what health disparity is important. It is a particular type of health difference that is closely linked with social, economic and/or environmental disadvantage. Some statistics show people with financial stress have more mental health issues. 25.8% of those who are financially stressed have low mood and 8.6% of those who are not financially stressed have low mood. Over all 13.5% of Olmsted County adults were categorized as low mood on a depression screening tool. Another way to look at the statistics is those who are financially stressed are 202% more likely to be low mood than those who are not financially stressed. Also, financial stress among homeownership shows, 48.5% of renters are financially stressed and 24.6% of homeowners are financially stressed. 29% of Olmsted County adults are financially stressed and those who rent are 97% more likely to be financially stressed than those who own a home. Another disparity is infant mortality. When looked at the by race and ethnicity Olmsted County has an infant mortality rate of 5.3 per 1,000 live births and Black infant mortality rate is 89% higher than white infant mortality rates. This data leads to the question of why. Health equity means no one experiences barriers to their health created by avoidable inequities or historical and contemporary injustices. Meaghan played a YouTube video regarding social disparities and equity by South by Southwest (SXSW) called Making Health Equity a Reality. Walter said this topic is extremely important to delineate the difference between equality and equity but the data on this issue is not comprehensible or robust enough that a solution can be pin pointed because not all is based on race. Other factors contribute to equality and equity and the institutions such as Public Health should be the learner and the community should teach the institutions. Meaghan added there is two sides to data, one side is what the numbers say and the other is what the stories/life says and both pieces of data are important to make well rounded decisions. Structural barriers can be uncomfortable to talk about

but they are important such as systemic discrimination, limits on opportunity rooted in history, policy decisions that benefit some workers and not others and structural design based on a particular view of “normal”. Members discussed in groups assumptions, inequities or injustices they see revealed by the conditions of the community, and how are those affecting health and/or the work they do. The presentations continued with the narratives that constrain possibilities. Some narratives say individuals are responsible for their own health outcomes, government doesn’t have a role in health, health can be created by the health care marketplace and anyone can choose to be healthy. The alternative narratives Olmsted County Public Health is taking are: we are all healthier when we are healthy together, creating health is the responsibility of all, health is created by social and economic conditions and the conditions for health are shaped by policy. To get to the new narratives a new direction must be taken. Public Health is looking at epigenetics, policies that shape the physical environment, that determine access to clinical care, shape the environment for health behaviors and policies that shape social and economic factors. The action steps would be to ask an expanded set of questions, develop and engage a wider set of partners, examine policies for potential inequities, design policies to address inequities and advance health for all, look at health in all policies and data disaggregation. Members discussed in small groups how the CSAB can play a role in creating and changing policies to promote equity and health. Also, where could they engage new partners and start asking new questions. Small discussion commenced on how and who can help with community collaboration. The presentation ended with a video of the Health Equity Forum 2018. The next Community Health Forum will be on August 14<sup>th</sup> from 7:30 – 10:30 a.m. at Woodlake Meeting Center and will have a Poverty Simulation. This forum is an opportunity for everyone to learn about barriers people encounter.

## **F. Emerging Items and Updates**

### **County Board Announcements**

**Commissioner Podulke** said Health, Housing & Human Services (HHH) Committee had their first meeting yesterday and the committee met Graham Briggs the new Public Health Director. On policy level, she is advocating the legal age of tobacco sale to increase to 21 years old in Olmsted County.

**Commissioner Gregg Wright** said he is on the Minnesota Board of Aging (MBA). This it is a gateway for Minnesota seniors and their families. MBA listens to senior concerns, researches for solutions and proposes policy to address senior needs. They are currently working on elderly abuse and an Ombudsman bill. The Minnesota office of Ombudsman is an independent governmental official who receives complaints against government agencies and/or its officials, who investigate, and who if the

complaint is justified, takes action to remedy the complaint. He will be attending a meeting Thursday and Friday and will bring back more information soon.

### **Staff Announcements**

**Sarah Oachs** said St. Paul will be hosting the American Public Human Services Association (APHSA) Local Council 2018 Annual Retreat June 20-22. The proposal was accepted and moving forward with dissolving Olmsted County Veterans transportation program and turning it over to Disabled American Veterans (DAV). The goal is to have it up and running by September. The budget process is changing this year and they have taken the first steps through a workshop to identifying challenges, opportunities and risks. More information to come on this process and on how the CSAB can contribute to the budget as it is still evolving.

**Amy Shillabeer** said the State of Minnesota was awarded a Systems of Care grant last fall from Substance Abuse and Mental Health Services Administration (SAMSA). 12 million dollars total for 4 years and only 4 million will be available to counties to apply over the remaining 3 years. The state has made the application available for counties apply for monies from this grant. The goal of this funding is expansion and sustainability of the system of care for children and families struggling with mental illness. Olmsted County is planning to apply in July once some clarity can be given to meet the requirements needed for the end goal. The end objective is to show the work counties are doing to support a request to Centers for Medicare and Medicaid Services (CMS) to add certain services to the existing Medical Assistance (MA) benefits set. They are partnering with the BRIDGE (Building Resilience in Development, Growth and Education) Collaborative on this. Results First Initiative is one way the state uses rigorous research, local expertise and data to give policy makers valuable information when making decisions. Olmsted County Human Services has gone through a Results First process and resulted in a report to the legislature about a return on investment for several areas such as Child Welfare, Adult Mental Health, Corrections and Substance Abuse. Along with other counties, the next area to contribute to the January report is Children's Mental Health. The day prior to the APHSA retreat, Jerry Milner the Associate Commissioner at the Children's Bureau and the acting Commissioner for the Administration on Children, Youth and Families, is going to spend the day with Olmsted County and other counties to learn about the work they are doing. He is very active in the Families First Prevention Services Act.

**Emily Colbenson** said the county HHH Committee heard a proclamation yesterday to proclaim June as Vulnerable Adult month. The vulnerable adult reports are continuing to increase with over 900 reports come through the reporting center last year and 100 plus cases were assigned for case management. A couple of articles in the Post

Bulletin have been written about a recent case tried for financial exploitation. This was a very long process but ended recently with several family members found guilty on 11 of 14 charges of financial exploitation of their mother/grandmother. This acknowledges the seriousness and sheds light on financial exploitation. Adult & Family Services has a financial exploitation investigator in the Adult Protection team. Canvas Health's Crisis Connection are the contract holders who run the 24 hours, 365 days a year phone or text response team or the mobile crisis line. As of July 1<sup>st</sup>, this service will be dissolving and they are looking for a solution as a region. Looking to collaborate with Zumbro Valley Health Center and their Crisis Receiving Unit line in the interim until something more permanent is worked out. The mobile crisis program will be moving forward and a two-year grant application will be submitted in July. Many topics did not go through the legislative session but two topics did. 28.1 million dollars for Crisis Centers across the state and 30 million dollars for Permanent Supportive Housing for people with mental health concerns. Over the last year they have been working with community members to plan out the Request for Proposal (RFP). The CSAB will have the opportunity to see the results once completed. Substance Use Disorder reform is supposed to be effective July 1<sup>st</sup> but it is not yet CMS approved. This reform states people can have direct access to chemical dependency treatment as opposed to relying on counties first. This will to be a two-year parallel process so that the community treatment centers are prepared. The open psychiatrist position has been on hold since Mayo Clinic was implementing their computer EPIC system. The nature of this position is different than most psychiatrists and getting the right person is crucial.

**Corrine Erickson** said Family Support & Assistance (FSA) is starting a new project called Pathways to Public Employment. This is a grant from Hennepin County that will create a pathway for people to attain public employment as Eligibility Workers and Case Aide positions. They are working with Hawthorne Education Center, Workforce Development Center to design a certificate and curriculum and Human Resources to recognize the credential. The first group will consist of about 15 to 30 people. Depending on turnover, not everyone will be employed but they are engaging with the region on this plan.

## **G. Adjournment**

Chair Schmidt adjourned the meeting at 9:02 a.m.

Minutes submitted by: Bea SanMiguel-Molina