

BRIGHT FUTURES

Teen Pregnancy And Parenting Support Services

Bright Futures is a collaborative project between Olmsted County Public Health Services, Olmsted County Community Services, Olmsted County Financial Services, Olmsted Medical Center, Rochester Public Schools, Rochester Area Family Y and Mayo Clinic.

For more information call:

(507) 328-7500

or

529-4960

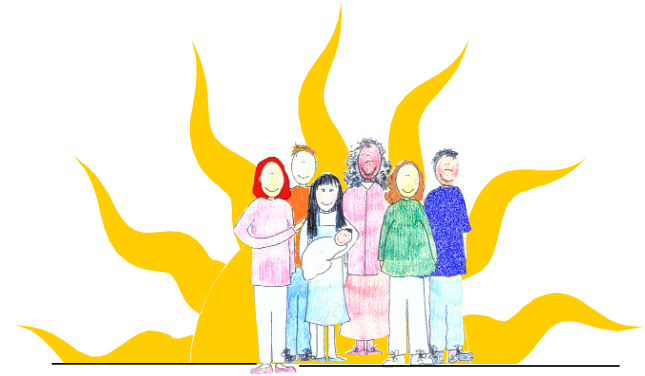
**Olmsted County
Public Health Services**

2100 Campus Drive S.E.
Rochester, MN 55904

**Olmsted County
Community Services
Family Support Team**

2116 Campus Drive S.E.
Rochester, MN 55904

Olmsted County Public Health Services
2100 Campus Drive SE
Rochester, MN 55904



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What is Bright Futures?

Bright Futures is a teen pregnancy and parenting support program. It promotes a healthy pregnancy and parent-child relationship, focusing on the healthy social-emotional and physical development of the child.

Families receive ongoing support and information regarding:

- healthy pregnancy
- child development
- housing
- adoption options
- finances/budgeting
- health care
- child care
- education or work goals
- parenting
- goal setting
- decision making
- community resources
- resources for fathers



Bright Futures offers:

- visits by a Public Health Nurse and a Social Worker
- parent group activities
- connections to community resources, including financial services and assistance
- videotaping

Videotaping of the family is used as a teaching tool. The videotape is a gift to the family upon completion of the program.



What is a Bright Futures Parent Group Activity?

- Parent-child activities
- opportunities to develop friendships while learning about yourself and your child
- food and fun!



How do I get more information?

Bright Futures offers a team meeting to answer questions about:

- finance
- school
- health care
- paternity, child support
- other concerns of teen or their family