

HEALTH PROMOTION INTERSHIP

NATURE OF WORK:

Health Promotion interns will work in the Healthy Communities Division of the Olmsted County Public Health Department. The Healthy Communities Division's purpose is to reduce the burden of chronic diseases by planning, implementing and evaluating evidence-based strategies, projects and programs that focus on policy, systems and environmental changes related to alcohol, tobacco, other drug and obesity prevention; executing and providing education and training; and organizing promotional efforts and targeted outreach. The internship is for students who seek a practical work experience within the field of Health Education/Promotion or Community Health and the opportunity to enhance their academic learning with real world knowledge. Work hours may vary outside the traditional 8-5 workweek, and interns are expected to make reasonable accommodations to provide support or meetings as requested.

EXAMPLES OF WORK: (Illustrative Only)

All work is performed under the direction of the division supervisor and staff mentor. Work assignments are designed to provide a broad overview of public health prevention, promotion and community partnerships and provide meaningful professional training experiences.

- Assists with planning, implementing and evaluating community-based health promotion programs for Olmsted County Public Health Services
- Finds, creates or develops health education tools and resources
- Assists with social marketing and social norms campaigns
- Assists with grant writing, and monitoring grant funded programs
- Participates on communication coalitions, workgroups and task forces
- Conducts educational programs and presentations on health related topics
- Advocates for improving health behaviors by influencing policy, systems and environmental changes in organizations and in the community
- Assists in determining the extent of public health problems by survey, focus groups and other data collection methods

KNOWLEDGE, ABILITIES AND SKILLS REQUIRED:

- Ability to accept responsibility; understand and follow written and oral instructions
- Ability to establish and maintain effective working relationships with other employees, interns and the general public
- Ability to exercise some independent judgment and to meet deadlines
- Ability to use office equipment required in performing the job (e.g., MS word, PowerPoint, excel, publisher, outlook)
- Comfortable in diverse settings and diverse communities
- Willingness to help with a variety of programs and tasks; Well organized and self-motivated
- Knowledge of teaching and learning principles, principles of behavior change, and methods to influence the environment
- Knowledge of community resources available in the area for dealing with health and related issues
- Ability to act as a resource person and educator for staff and community

MINIMUM QUALIFICATIONS:

- Interns must be actively enrolled in an undergraduate degree program from an accredited university/college in health education, health promotion or wellness. All classroom coursework must be completed prior to the internship.
- There must be a valid, signed Memorandum of Agreement for Student Training Experience/Internship on file between your University/College and OCPHS.
- Interns must successfully pass a background check prior to placement.
- Internships are a minimum of 12 weeks, but may be increased to meet school requirements.